

William Mattar Law Offices' Safe Ride Home Program!

The Safe Ride Home Program was started to help keep our roads safe. William Mattar Law Offices wants to help limit the tragedies that result from drunk driving. The program not only educates people on the alternatives to drinking and driving, but also gives tips on dealing with situations that may arise from such social settings. As part of the program, William Mattar Law Offices is planning on supplying hundreds of memberships to the Designated Drivers of Buffalo.

Can I help prevent drinking and driving? YES!

- Set an example for your friends, family, and peers. Your actions speak louder than words, so don't drink and drive.
- Encourage your friends to do the same.
- Report drunk drivers to the police by including a description of the car and its location (indications of drunk driving may include: dangerous passing, extremely slow or fast driving, weaving, forgetting to turn on headlights, and tailgating).
- If you notice someone is intoxicated consider taking their car keys to prevent them from driving.

How do I convince someone not to drink and drive?

- If you know the person well, try speaking to them in private about not drinking and driving home. If you do not know the person, find one of their friends and suggest that they speak with them.
- Try to take keys from the person attempting to drive. If they give you a hard time, try locating their keys when they are distracted or speak to them in a private area suggesting it would be better to find another form of transportation.
- If someone who is drinking tries to drive you, insist on driving yourself if you have had nothing to drink or tell them you will find an alternative ride home.

Are there alternate forms of transportation? YES!

- Call Designated Drivers of Buffalo (www.ddobny.com) at (716) 713-7703.
- Call Designated Drivers of Rochester (coming soon in 2009).
- Call a taxi or use another form of public transportation such as the bus or subway.
- Find another sober driver who is willing to drive home people who have been drinking.

What is Designated Drivers of Buffalo/Rochester?

- They are a service which offers a safe alternative to drinking and driving.
- Two uniform drivers will come to drive home both you and your car so you don't have to worry about not having your car in the morning.
- Individual, family, and corporate memberships are available.

How can I be a responsible host of a social gathering?

- When hosting a party, provide nonalcoholic beverages.
- Serve plenty of food and coffee so guests do not feel the need to drink alcohol.
- If you do opt to serve alcoholic beverages, be sure to have a responsible bartender.
- If you notice someone is intoxicated, take their car keys to prevent drunk driving.
- Talk about the dangerous and serious consequences of drinking and driving.

How can I be responsible if I am the guest at a party?

- Always plan ahead to have a designated driver if alcohol is being served.
- Volunteer to be the designated driver and do not drink any alcoholic beverages.
- Take turns being a designated driver and have more than one sober driver for a big group.
- Do not encourage or participate in "drinking games".
- Never endorse excessive alcohol consumption.

Do you know understand Blood Alcohol levels and how they affect a driver's performance?

Remember, the only real safe driving blood alcohol level is 0.00!

Men										
Drinks	Approximate Blood Alcohol Percentage									
	Body Weight in Pounds									
	100	120	140	160	180	200	220	240		
0	.00	.00	.00	.00	.00	.00	.00	.00	.00	Only Safe Driving Limit
1	.04	.03	.03	.02	.02	.02	.02	.02	.02	Driving Skills Significantly Affected
2	.08	.06	.05	.05	.04	.04	.03	.03		
3	.11	.09	.08	.07	.06	.06	.05	.05		
4	.15	.12	.11	.09	.08	.08	.07	.06		
5	.19	.16	.13	.12	.11	.09	.09	.08	Possible Criminal Penalties	
6	.23	.19	.16	.14	.13	.11	.10	.09		Legally Intoxicated
7	.26	.22	.19	.16	.15	.13	.12	.11		
8	.30	.25	.21	.19	.17	.15	.14	.13		Criminal Penalties
9	.34	.28	.24	.21	.19	.17	.15	.14		
10	.38	.31	.27	.23	.21	.19	.17	.16		Death Possible

Women											
Drinks	Approximate Blood Alcohol Percentage										
	Body Weight in Pounds										
	90	100	120	140	160	180	200	220	240		
0	.00	.00	.00	.00	.00	.00	.00	.00	.00	.00	Only Safe Driving Limit
1	.05	.05	.04	.03	.03	.03	.02	.02	.02		Driving Skills Significantly Affected
2	.10	.09	.08	.07	.06	.05	.05	.04	.04		
3	.15	.14	.11	.10	.09	.08	.07	.06	.06		
4	.20	.18	.15	.13	.11	.10	.09	.08	.08		
5	.25	.23	.19	.16	.14	.13	.11	.10	.09	Possible Criminal Penalties	
6	.30	.27	.23	.19	.17	.15	.14	.12	.11		Legally Intoxicated
7	.35	.32	.27	.23	.20	.18	.16	.14	.13		
8	.40	.36	.30	.26	.23	.20	.18	.17	.15		Criminal Penalties
9	.45	.41	.34	.29	.26	.23	.20	.19	.17		
10	.51	.45	.38	.32	.28	.25	.23	.21	.19		Death Possible

*Subtract .01% for each 40 minutes of drinking.

One drink is 1.25 oz. of 80 proof liquor, 12 oz. of beer, or 5 oz. of table wine.

*These charts are to be used as a general guide only. Each individual is different and blood alcohol content can affect individuals differently. You may be considered impaired or intoxicated even if your blood alcohol content is "below the legal limit". If you have had a drink, it is best that you do not drive.